

Coldwater Cavalier Parents (Please Read),

Physicals are good for 13 months. For example, if you get one on May 15<sup>th</sup>, it will be good until June 15<sup>th</sup> of the following year. This will allow you to let a year expire for insurance purposes.

It is that time once again for the Student/Athletes Physical paperwork to be completed for the 2025-2026 school year. Enclosed you should find:

- 1) Athletic Physical copy

IMPORTANT NOTES:

- 1) All Physical Paperwork is due to the High School Office at least 1 day PRIOR to the first official day of practice for each sport season. Please get your information completed as soon as possible and get the information turned in immediately. Do NOT wait until the last day.
- 2) MANDATORY – OHSAA Parent/Athlete Meeting
  - a) This meeting will be online as part of the Final Forms packet. This eliminates the need for you to attend an in-person meeting. If you have any questions, be sure to contact the Athletic Department. Each sport will also have an independent pre-season parent meeting as well.
- 3) You will need to Print off a copy of your Pre-Participation form **AFTER** you fill it out online and take this form with you to your family doctor along with a copy of the blank physical.
- 4) **Be sure ALL Online forms are completed prior to attending any physical.**  
(Follow the proper instruction sheet) This is located on Final Forms. The forms will appear once you put in that you are playing a sport. Include any sport you are interested or thinking about playing.
- 5) ***IMPORTANT:*** Return the completed Physical Form Signed by the Doctor with Clearance to the High School Office. Please do this immediately following your physical appointment so that they do not become lost.

Go Cavs!

Eric Goodwin

Athletic Director

Coldwater High School